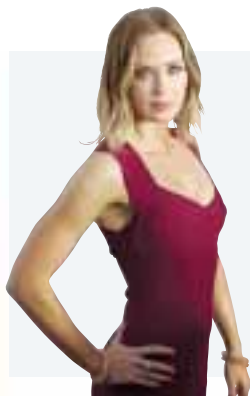


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# BLUNT TALK

ACTRESS EMILY BLUNT ON  
HER ROLE AS AN AXE-WIELDING,  
SHOTGUN-TOTING FARMER IN  
THE ACTION THRILLER LOOPER PAGE 12

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## BREWING UP THE ULTIMATE BASH

Online reality show BeerqBreakfast is looking for university-aged students in cities across Canada, including Winnipeg, to apply for a competition to see who can throw the country's most outrageous house party. More coverage, see page 3. CONTRIBUTED/METRO

## Residential school study funded

U of W receives \$500K grant for a research project on how kids of survivors of the notorious school system have been affected PAGE 4

## SARS-like virus surfaces

The World Health Organization is monitoring two cases with similarities to the acute respiratory syndrome that killed more than 800 people in 2003 PAGE 6

## Spice up your health

Adding cinnamon and five other herbs and spices to your daily diet can help reduce the effects of aging and ward off illness PAGE 15



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Play hard

## Party on, Winnipeg

An online reality show that aims to find out which Canadian city has the wildest university-aged partiers is looking for Winnipeg contestants who'll fight for their right to party.

Beer4Breakfast is the brainchild of 26-year-old McMaster University alumni Michael McCrudden, who admits to partying a little through his post-secondary career.

"It seems there's a reality show for everything whether it's getting married or buying a house ... but there's no one documenting what goes on when these kids close their books and start letting loose," said McCrudden from Toronto.

The show hopes to hit 13 cities, and each episode will see McCrudden and the show's two other hosts — a DJ and a party photographer — spend 24 hours videotaping contestants as they plan their parties, throw their parties, and then try to remember their parties the next morning.

After the hosts weigh in and give each house party a grade, viewers will get the chance to pick Canada's wildest partiers by voting online.

But it hasn't been all partying for the show in its search for contestants so far.

Producers received a chilly welcome from the mayor and police chief in London, Ont., after a five-hour riot made up mostly of drunken students broke out in the community last St. Patrick's Day.

"It's a very touchy subject in London," admits McCrudden. "But they were dealing with something that had gotten out of control ... what we're doing is an organized event with tickets, guest lists, ID checks, and security."

For more information go to beer4breakfast.ca.

SHANE GIBSON/METRO

## Help. Mayor agrees to bring in experts to aid in auditor's review

External resources will now be brought in to help the City of Winnipeg with an auditor's review of a controversial land-swap deal that has dogged Mayor Sam Katz for weeks.

Katz announced on Monday via a press release that he accepts city auditor Brian Whiteside's recommendation "to retain external resources to help the auditor complete a comprehensive review of the new fire-par-



Mayor Sam Katz METRO FILE  
medic stations in Sage Creek, River Heights, St. James and Charleswood." METRO

## Weeds. Manitoba appears set to ban cosmetic use of pesticides on lawns

Conservation Minister Gord Mackintosh has all but confirmed there will be a ban on lawn pesticides to control dandelions and other weeds across the province, although the extent of the prohibition is still being worked out.

"There are studies looking at the health and environmental impacts of cosmetic pesticide use, and the science appears to indicate that there is a risk," he said Monday.

He met briefly with a coal-

ition of groups that support the proposed ban, including the Canadian Association of Physicians for The Environment.

"One of (my) five children suffered from a relatively rare form of childhood cancer and had to undergo two years of aggressive chemotherapy," said Dr. Paul Doucet, a member of the coalition.

"Her type of cancer has been linked to pesticide use and exposure," he said.

THE CANADIAN PRESS

# Cold War leader one of several We Day guests

Youth power. Second annual event expects 18,000 in attendance



SHANE GIBSON  
shane.gibson@metronews.ca

When We Day returns to the MTS Centre next month the event will boast another stellar lineup of world-renowned speakers — including former president of the Soviet Union Mikhail Gorbachev.

"We are so excited to be returning back to Manitoba for a second We Day at the MTS Centre," said Craig Kielburger, co-founder of Free the Children which presents the annual gathering. "Over the past year, we have seen such an incredible youth-led movement transpire across the province."

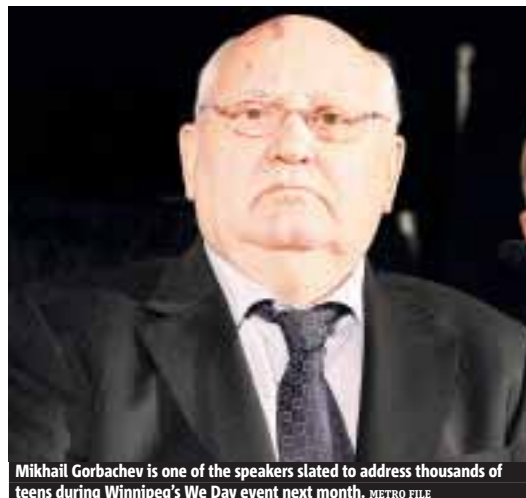
The event will also feature speeches by Honourable Justice Murray Sinclair, Winnipeg's own Hannah Taylor of the Ladybug Foundation, and a performance

### Who will be there?

- **Hon. Kevin Chief.** Minister of Children and Youth Opportunities.
- **Liz Murray.** Author of *Breaking Night: My Journey from Homeless to Harvard.*
- **Shawn Desman.** Juno and MMVA Award-winning recording artist.
- **Lights.** Juno Award-winning electro-rock singer, songwriter.
- **Craig and Marc Kielburger.** Founders of Free the Children.

by pop rock group Allstar Weekend.

Students from more than 380 schools are expected to attend the second annual event after earning their tickets by committing to take action on at least one local and one global issue through Free the Children's year long



Mikhail Gorbachev is one of the speakers slated to address thousands of teens during Winnipeg's We Day event next month. METRO FILE

engagement programs.

"I think it's just amazing that so many young people my age ... can just come together and share our experiences and listen to other people's experiences with such worthy causes," said Sturgeon Heights Collegiate

student Micayla McNaughtan at last year's We Day event. "They realize there is something they can do, and they're not alone with wanting to do something."

We Day is set to take over Winnipeg's MTS Centre on Oct. 30.

### Mobile news



Qriket

Have we found the next generation of Jedi Padawans? Scan the code to watch how two parents use the theme song from Star Wars to soothe a crying baby

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U of W president and vice-chancellor Dr. Lloyd Axworthy accepts a \$500,000 grant from the Aboriginal Healing Foundation at the school on Monday. The money will fund a research project documenting the intergenerational effects of residential schools. SHANE GIBSON/METRO

## \$500K grant to help study the impact of residential schools

**Oral history.**  
Intergenerational effects to be documented through digital storytelling



**SHANE GIBSON**  
[shane.gibson@metronews.ca](mailto:shane.gibson@metronews.ca)

The University of Winnipeg's Oral History Centre (OHC) will use a large grant received Monday to help document how the children of those who spent time in residential schools were affected by their parent's experiences.

The research project, called Children of Survivors: The Intergenerational Experiences of Residential Schools, will use a \$500,000 grant from the Ab-

original Healing Foundation to document people's experiences through digital storytelling.

"These are stories that can be difficult to tell, they are stories that can be difficult to hear and they're stories that a society may find difficult to accept as part of its heritage," said Dr. Alexander Freund, associate professor of history and co-director of the OHC.

"We hope that the stories that are told in the course of our project and afterwards will help those who tell them, and those who hear them."

The project will be conducted in partnership with the U of W's Indigenous Studies Department, the Prairie Women's Health Centre of Excellence, Ka Ni Kanichihk and Moon Voices, and will focus on the stories of aboriginal men.

"Men (have) always been

a group that's been very difficult to reach through both our community projects and our research," explained Mike DeGagne, executive director of the Aboriginal Healing Foundation.

The project involves the creation of resources that will promote reconciliation and encourage and support aboriginal people in building and reinforcing a sustainable healing process.

The work will build on a previous initiative by the Prairie Women's Health Centre of Excellence that looked into the intergenerational effect the residential school experience of mothers had on professional First Nations women.

The U of W's research will take place in Winnipeg beginning this month and ending in March 2014.

### Bloodvein First Nation

#### Man accused of beating boy says it was self-defence

A jury is deliberating the fate of a northern Manitoba man accused of beating a 12-year-old boy to death with a baseball bat. Tennessee Weedmark has pleaded not guilty to manslaughter in the death of Albert Goosehead. Weedmark, 22, admitted to hitting the boy in 2009, but says it was in self-defence. His lawyer said that the boy barged into a house where Weedmark was staying, armed with a bat. The Crown says Weedmark's actions were unjustified. **THE CANADIAN PRESS**



#### Birdhouse out of a bag

Tom Ethans, executive director of Take Pride Winnipeg, shows off his suit made from 700 plastic bags. Ethans was at Elwick Community School to launch this year's Plastic Bags Make Good Bird Houses campaign, during which elementary schoolchildren are encouraged to recycle plastic bags into birdhouses. It takes about 3,000 bags to make one birdhouse. **TYLER PEACOCK/FOR METRO**



# Rare gorillas poached



Virunga National Park caretakers weigh a rescued Grauer's gorilla infant.  
LUANNE CADD/VIRUNGA NATIONAL PARK/THE ASSOCIATED PRESS

**Endangered species.** Grauer's gorilla deaths raise fears others have been killed in Congo

Endangered Grauer's gorillas are victims of ongoing violence and a new rebellion in eastern Congo. A decision to allow oil exploration in a national park there may put the gorillas at greater risk.

Virunga National Park's Director Emmanuel de Merode said Monday that authorities rescued two baby gorillas in the space of a week this month.

Fighting between rival militia groups is making it impossible for wildlife authorities to find out how many of the Grauer's gorillas have been killed. Grauer's, also known as eastern lowland gorillas, exist

## Quoted

**"Baby gorilla trafficking is terribly damaging for gorilla populations."**

Emmanuel de Merode, park director  
On how many of the gorilla's family members are usually killed to get the infant

only in eastern Congo. Experts estimate that fewer than 4,000 remain, down from about 17,000 in 1995, de Merode said.

The poaching comes as the park itself faces oil exploration. Congo's Hydrocarbons Minister Crispin Atama Tabe announced Monday that the government is authorizing the British firm SOCO to explore for oil in the park, Africa's oldest, created in 1925 under Belgian rule.

Virunga National Park, declared a UNESCO World Heritage site in the 1970s, is the only place on Earth that boasts all three African great apes in addition to elephants, buffalo, hippos, large antelopes, lions, leopards and a plethora of smaller animals and birds. Virunga and the SOCO concession encompass Lake Edward, one of the Central African great lakes that provides a livelihood for some 40,000 fishermen.

Atama Tabe told The Associated Press that oil exploitation could help bring security to volatile east Congo, although mining of the region's massive mineral riches has had the opposite effect, with various armed groups vying for control of revenues.

THE ASSOCIATED PRESS

## Government criticism. Vietnam hands bloggers lengthy sentences

A Vietnamese court issued jail sentences ranging from four to 12 years on Monday to three bloggers who wrote about human rights abuses, corruption and foreign policy, intensifying a crackdown on citizens' use of the Internet to criticize the government.

The cases are particularly high-profile examples of the Communist government's attempts to stifle challenges to its authority on the Internet, which has emerged as a major avenue for dissent in the country of 87 million people.

American President Barack Obama has mentioned one of the defendants, and the mother of another died

after setting herself on fire to protest her daughter's arrest.

The defendants, two men and one woman, are founding members of the Free Journalists' Club, a group of citizen journalists who posted their work on the Internet. They were found guilty of spreading "propaganda against the state."

Nguyen Van Hai, who has written under the pen name Dieu Cay or Tobacco Pipe, got 12 years, Ta Phong Tan received 10 years and Phan Thanh Hai got four years, according to defence lawyer Ha Huy Son.

The country regularly convicts dissidents, but sentences have generally been around five years. THE ASSOCIATED PRESS

## Quebec inquiry. 'Donnie Brasco' talks about inner workings of the Mafia

Quebecers might be shocked by reports of Mafia control over the construction industry, which is allegedly so rife with corruption and collusion and inflated costs that the provincial government has been forced to call a public inquiry.

To the man known as "Donnie Brasco," it's old news.

The police officer who infiltrated the New York Mafia and inspired a Hollywood movie described Monday how the New York City underworld took over the construction industry using methods that would be familiar to anyone who watches the news in Quebec these days.

Joseph Pistone, a legendary

FBI agent who spent six years undercover as a Mafia associate starting in the late 1970s, told the Charbonneau Commission about the inner workings of the Mob in the United States during his testimony.

He said the Mob controlled the industry thanks to its stake in labour unions and raw-materials companies — so that it consistently managed to claim a piece of the profit, even when public contracts went to a business not controlled by crime.

"They did it with the cement, the steel, anything that had to be used in the construction of that building, they were getting a piece of it," Pistone said. THE CANADIAN PRESS



A television monitor shows 'Donnie Brasco', hidden behind a screen, testifying at the inquiry in Quebec. RYAN REMIOWZ/THE CANADIAN PRESS

## Infected

### Zombie bees hit Washington state

Washington state has its first "zombie bees."

Novice beekeeper Mark Hohn found that his bees are infected with a parasite that causes them to fly at night and lurch around erratically until they die.

Zombie bees were first discovered in California in 2008. THE ASSOCIATED PRESS

## Prophet mockery

### 3 men acquitted of murder plot

An appeals court has acquitted three men accused of plotting to murder a Swedish artist who had depicted the Prophet Muhammad as a dog.

The appeals court said there was no conclusive evidence that the three men of Iraqi and Somali origin had planned to kill Lars Vilks. THE ASSOCIATED PRESS

## Transit Tuesday



Weekly Transit News Update

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## Consular services

## Embassy-sharing with Britain sparks criticism

The plan by Canada and Britain to consolidate consular services in some embassies sparked criticism Monday that the Harper government is turning back the clock on the country's

relationship with its former colonial master.

By all appearances, the agreement to share some consular services in each others' embassies represented little change from the status quo. But the fanfare associated with the announcement raised questions about whether Canada was compromising its foreign policy interests abroad.

THE CANADIAN PRESS

## Toxic methanol

## Czech police arrest two in poisoning that killed 25

Police have arrested two people suspected in a wave of methanol poisoning that has killed at least 25 people in the Czech Republic in the past two weeks, officials said Monday.

State prosecutor Roman Kafka said the two are suspected of producing a "brutal blend" of toxic methanol with drinking alcohol. Authorities believe this blend has been responsible for all the deaths.

Kafka said the two were working at a plant that uses methanol as an ingredient to produce windshield washer fluid.

THE ASSOCIATED PRESS

## Homelessness

## Housing homeless is cheaper than status quo: Study

A new study suggests it's far cheaper to give a homeless person a place to live than to provide a patchwork of emergency services.

The study by Stephen Gaetz, director of the

Canadian Homelessness Research Network, found that governments are spending at least \$4.5 billion a year dealing with homeless people, including the cost of health care, law enforcement, shelters and food banks.

That's because their use of the health system is high and unpredictable, and because they often have run-ins with the justice system.

THE CANADIAN PRESS

# Health officials monitoring fatal SARS-like virus

**Familiar scene?** So far there is no connection between the cases except for a history of travel in Saudi Arabia

Global health officials are closely following a new respiratory virus related to SARS that is believed to have killed at least one person in Saudi Arabia and left another person in critical condition in Britain.

The germ is a coronavirus, from a family of viruses that cause the common cold as well as SARS, the severe acute respiratory syndrome that killed some 800 people, mostly in Asia, in a 2003 epidemic.

In the latest case, British officials alerted the World Health Organization on Saturday of the new virus in a man who transferred from Qatar to be treated in London. He had recently travelled to Saudi Arabia and is now being treated in an intensive care unit after suffering kidney failure.

Health officials don't know yet whether the virus could spread as rapidly as SARS did or if it might kill as many people.

"It's still (in the) very early

## Haji pilgrimage

Saudi officials said they were concerned the upcoming Hajj pilgrimage next month, which brings millions of people to Saudi Arabia from all over the world, could provide more opportunities for the virus to spread.

- They advised pilgrims to keep their hands clean and wear masks in crowded places.
- The Hajj has previously sparked outbreaks of diseases including the flu, meningitis and polio.

days," said Gregory Hartl, a WHO spokesman. "At the moment, we have two sporadic cases and there are still a lot of holes to be filled in."

Hartl said it was unclear how the virus spreads. Coronaviruses are typically spread in the air but Hartl said scientists were considering the possibility that the patients were infected directly by animals. He said there was no evidence yet of any human-to-human transmission.

THE ASSOCIATED PRESS



A man wears a protective mask as he carries a bouquet of flowers at Women's College Hospital in Toronto in March 2003. Global health officials are following a new respiratory virus related to SARS that is believed to have killed at least one person in Saudi Arabia and left another person in critical condition in Britain. THE CANADIAN PRESS FILE

## Coronavirus

## New disease linked to SARS family

There are a large number of coronaviruses. Some infect animals, others infect birds and still others infect people. In humans, coronaviruses typically cause colds.

But a coronavirus was also the cause of the 2003 outbreak of severe acute respiratory syndrome or SARS, which killed 44 people in Toronto and about 775 people worldwide. The new coronavirus reportedly causes severe pneumonia and kidney failure.

To date there is no sign of spread to health-care workers. That is important because health-care workers often serve as inadvertent sentinels of the spread of infectious diseases.

During SARS, for instance, health-care workers were disproportionately affected, catching the new virus from patients they were struggling to save.

THE CANADIAN PRESS

## Family of missing climber clings to hope



A helicopter lifts off carrying survivors from the debris field of an avalanche on Mount Manaslu in Nepal on Sunday. Rescue helicopters flew over the peak again Monday to search for climbers lost in an avalanche that killed at least nine mountaineers. ALPINE ASCENTS INTERNATIONAL/THE ASSOCIATED PRESS

The sister of a Canadian cardiologist missing since an avalanche smashed into his climbing expedition on a Himalayan peak says she has no choice but to cling to the faint hope he will be found alive.

Quebec heart specialist Dominique Ouimet, 48, is among several people still missing on Mount Manaslu, the world's eighth-tallest peak.

Officials say at least nine people are dead after the avalanche roared through their camp around 4 a.m. Sunday, while more than two dozen climbers were still sleeping in their tents.

Rescue teams scoured the area Monday for six missing climbers.

The doctor's sister, Isabelle Ouimet, told Radio-Canada in an interview that she had not given up on the possibility that her brother is still alive.

On Monday, four rescue helicopters scanned the slopes peak in search of the missing.

By midday, rescuers had brought down eight bodies and were trying to retrieve the ninth from the 7,000-metre area where the avalanche struck, police Chief Basanta Bahadur Kuwar said.

THE ASSOCIATED PRESS

## 'Hooey.' Clement denies using ghostwriter for online town hall tweets

Treasury Board President Tony Clement is dismissing as "hooey" a report suggesting he was not the author of his own tweets during an online town hall last year.

The Canadian Press, citing documents obtained under the Access to Information Act, reported this week that Clement's staff did much of the tweet composition.

The documents said Clement had employed a "ghostwriter" to create tweets and

that some were written before the town hall last December as stock answers.

"The ghostwriter worked with subject matter experts to identify responses to questions and then worked with Clement to determine how to tweet in his voice," the documents said.

But the minister took to Twitter on Monday to deny the report. "That's a bunch of hooey," Clement wrote. "Docs are wrong. I directed the responses." THE CANADIAN PRESS



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## 'Still too pricey'

## Facebook stock takes another dive

Facebook Inc.'s stock took a hit Monday after an article in the financial magazine Barron's said it is "still too pricey" despite a sharp decline since its initial public offering.

Though Facebook's stock has plunged since

its May IPO, Andrew Bary at Barron's said the stock trades at "high multiples of both sales and earnings, even as uncertainty about the outlook for its business grows."

Facebook's stock fell \$2.20 US, or 9.6 per cent, to \$20.66 in afternoon trading. The company went public on May 18 at a share price of \$38.

THE ASSOCIATED PRESS

## Code-share agreement

## WestJet adds BA to network

WestJet Airlines Ltd. has added British Airways as its eighth code-share partner, enabling the U.K. carrier to sell seats on WestJet's planes. The deal is meant to draw more international travellers into WestJet's network. THE CANADIAN PRESS

## Labour negotiations

## CAW asks Chrysler workers to hang on

The Canadian Auto Workers urged its members at Chrysler to be patient and stay on the job as formal talks resumed Monday, following a weekend pause while the union ensured ratification of a deal with Ford. THE CANADIAN PRESS

## Consumer debt

## Canadians don't mind borrowing, survey finds

A new poll suggests that most Canadians are quite comfortable with using debt as a financial strategy — at a time when debt loads have risen to alarming new highs.

The survey, done for bankruptcy trustees Hoyes, Michalos & Associates, finds nine out of 10 respondents would consider borrowing money to cover an unexpected cost.

The poll by Harris/Decima asked respondents how confident they were about being able to raise \$2,000 within a month if an unexpected need arose.

THE CANADIAN PRESS

# Mortgage rules slow housing market: report

**August figures.** Sales drop occurred in 21 of 28 metropolitan areas across Canada, says Conference Board

Canada's housing market appears to be cooling across the board in the face of tighter mortgage rules that affect many first-time buyers of modest means, a new analysis from the Conference Board shows.

The think tank's snapshot of resales for August shows a widespread decline in sales of existing homes, with 21 of 28 metropolitan markets registering a drop from July, and 16 of the markets showing a falloff of five per cent or more.

As well, listings fell in 17 of the 28 markets, an indication that owners were reluctant to

place their homes for sale due to soft conditions.

Senior economist Robin Wiebe of the Conference Board said there was evidence of cooling in some markets — particularly Vancouver and Victoria — before the new rules went into effect July 9. But the new data shows the slowdown has spread to most markets and from coast to coast.

"When you see sales down in three-quarters of the market, that means it's pretty widespread," he said. "It's knocked previously high-flying markets like Regina and Saskatoon down a peg. Vancouver had been showing signs of cooling, now it's spread out into the Fraser Valley."

Still, the latest data shows that while sales and listings are down, prices appear to be holding steady. THE CANADIAN PRESS



## Wrong call: iPhone 5 sales disappoint analysts

Staff welcome customers Friday at the Apple store in Hong Kong, as sales of the new iPhone 5 got underway. On Monday, Apple Inc. said that it sold more than five million units of the iPhone 5 in the three days since the model's retail launch — less than analysts had expected to sell. KIN CHEUNG/THE ASSOCIATED PRESS

# iPhone maker halts northern China plant after 2,000-employee brawl

The company that makes Apple's iPhones suspended production at a factory in China on Monday after a brawl by as many as 2,000 employees at a dormitory injured 40 people.

The fight, the cause of which was under investigation, erupted Sunday night at a privately-managed dormitory near a Foxconn Technology Group factory in the northern city of Taiyuan, the company

and Chinese police said. A police statement reported by the official Xinhua News Agency said 5,000 officers were dispatched to the scene.

The Taiwanese-owned company declined to say whether the factory was involved in iPhone production. It said the facility, which employs 79,000 people, would suspend work Monday and reopen Tuesday.

Foxconn makes iPhones and

iPads for Apple Inc. and also assembles products for Microsoft Corp. and Hewlett-Packard Co. It is one of China's biggest employers, with some 1.2 million workers in factories in Taiyuan, the southern city of Shenzhen, in Chengdu in the west and in Zhengzhou in central China.

The fight in Taiyuan started at 11 p.m. on Sunday, "drawing a large crowd of spectators and triggering chaos," a police

spokesman was quoted by Xinhua as saying.

Order was restored after about four hours and several people were arrested, said the company, a unit of Taiwan's Hon Hai Precision Industry Co.

Comments posted on Chinese Internet bulletin boards said the violence might have erupted after a security guard hit an employee.

THE ASSOCIATED PRESS

## Market Minute



**DOLLAR**  
102.17¢  
(-0.25¢)



**TSX**  
12,313.54 (-70.06)



**OIL**  
\$91.93 US (-\$0.96)



**GOLD**  
\$1,764.60 (-\$13.40)

**Natural gas:** \$2.837 (-4.8¢)  
**Dow Jones:** 13,558.92 (-20.55)

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## China-Japan tensions. Dispute over islands leads to customs delays

Japanese exporters are facing delays in shipments to some Chinese cities due to stepped-up customs inspections as tensions between the two countries over disputed islands remain elevated.

The delays in shipments to China have been caused by increased vetting by customs officials in Guangzhou, Shanghai and Tianjin, an official with the Japan External Trade Organization, Yumiko Yoshimura, said Monday. However, the situation was normal in other major cities such as Beijing, Dalian and Qingdao.

## By the numbers

**\$352B**

Trade between China and Japan totalled \$352 billion US last year.

Kintetsu World Express, Japan's second-biggest freight-forwarding company, has cautioned its customers about possible delays at Chinese customs, although it hasn't received reports of any specific troubles. Sojitz Corp., a major trading firm specializing in China, said

it was closely monitoring the situation but so far noticed no major delays or problems.

Tensions between China and Japan have spiked since the Japanese government earlier this month bought several disputed islands in the East China Sea from their Japanese owners.

The move was aimed at blocking a more provocative plan by Tokyo's nationalistic governor to buy and develop the islands, which are surrounded by rich fishing grounds and untapped natural resources. THE ASSOCIATED PRESS



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# LINEUPS ARE FOR LUSHES



**SHE SAYS...**  
Jessica Napier  
metronews.ca

Last Saturday, I found myself in a position I swore I'd avoid forever: standing in line for a bar and hating every minute of it. Strangely, I felt as if I was the only person who

understood what an awful reality the monstrously long line presented.

Didn't the crowd of Party-Rock enthusiasts surrounding me realize the one-in-one-out policy meant they'd be going inside roughly five minutes before last call? No, they were snapping Instagram selfies and seemingly oblivious to the chilly, just-turned-fall breeze on their inexplicably bare arms and legs.

## But seriously, why wait?

**"For Apple fanatics, the communal experience of waiting for the newest iThing is part of the fun, a shared cultural experience of electronic-device worship."**

There is a certain kind of cynicism, or maybe we'll call it wisdom, that comes with age that dictates just how long you're willing to stand in line to go to the bar of the moment. I guess the under-25 set just has much more stamina when it comes to late-night lineups.

Most people would agree that waiting in line can be a frustrating, anxiety-inducing and altogether boring process. But we tend to experience lineups in differ-

ent ways based on our desires, expectations and whether or not we enjoy the company we're with.

In his article *The Psychology of Waiting in Lines*, former Harvard Business School professor David Maister examines how businesses and service organizations can improve the experience of waiting in line. Maister insists that it's how we wait — not how long we wait — that counts.

Lines we perceive to be unfair, unexplained or uncertain will always seem longer. Comparatively, queues that are reasonable, explained and predictable are much more bearable. Maister also points out that occupied time feels shorter than unoccupied time. This is why you'll find bad magazines in the waiting room at the dentist and mirrors in elevators.

Sometimes, lineups themselves aren't just a means to an end, but part of the overall experience. Last week, devoted fan-boys and girls camped out at Apple stores around the world in anticipation of the release of the iPhone 5, a shiny new smartphone marginally better than its predecessor. For Apple fanatics, the communal experience of waiting for the newest iThing is part of the fun, a shared cultural experience of electronic-device worship.

Ultimately, lineups are inevitable and unavoidable — at airports, in emergency rooms and for every single public female bathroom in existence — but it isn't always the length of the line that determines whether or not something is worth the wait.

Unless it's already 1 a.m. and you're standing (in heels) behind 50 people in line for a bar. Then it's just time to go home.

Follow Jessica Napier on  
Twitter @MetroSheSays



How long you are willing to wait in line at a bar is correlated to the amount of alcohol you've consumed, presumably. SHAKESTERCOD/FLICKR

# That's a jump to remember



KOEN VAN WEEL/EPA

## War commemoration

### Troops honour dead with airplane drop

Up to 1,100 troops from Holland, Belgium, Britain, Canada, Germany and the U.S. parachuted from airplanes above Ginkel Heath in the Netherlands.

The annual paratrooper drop this past weekend was to commemorate the Second World War's Battle of Arnhem, a significant airborne attempt by the Allies to cross the Rhine River.

METRO

## Organizer's viewpoint

### "It was a perfect opportunity for active servicemen to perform a true paratrooper drop with their NATO allies."

Thijs van der Laan, communication advisor at the Airborne Commemoration Foundation (for the Battle of Arnhem) Van der Laan told Metro that preparations to celebrate in two years, which will mark the 70th anniversary of the battle, are already underway. He noted that high members of the British and Dutch royal families would be in attendance.

## History unearthed

### Soldier's body found before ceremony

This year's commemoration was given added significance with the discovery of a British paratrooper's remains, almost 68 years to the day after he was killed in action.

The body — believed to be that of a soldier from Britain's 4th Parachute Brigade — was found with a metal detector. Two hand grenades were located near the body — the explosives were detonated on the spot.

METRO



Active paratroopers perform a drop to commemorate a famous battle. KOEN VAN WEEL/EPA

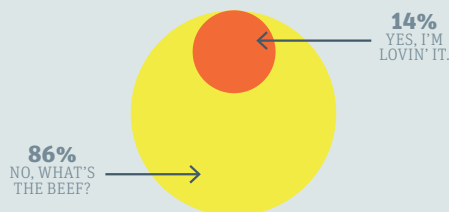
## Online

Check out the video at metronews.ca.



Register at [metropolitanpanel.ca](http://metropolitanpanel.ca) and take the quick poll

## Would you go to a vegetarian McDonald's?



## Twitter

### @BogoBunny:

Is my jersey here yet? Not that I have a game to wear it to, thank you Gary betthole #winnipeg #jetlife #lockoutproblems

even possible? #RichPeopleAmusement

### @RaggedVixen:

Anyone who came of music-buying age in #Winnipeg ever recall shopping at a #Sam's?

**@ScottRADamson:** Watching the city hand out the new garbage bin even looks painful. #winnipeg this system is a fail.

### @DougBrown97:

Was just offered a free "Fiat" or "Smart Car" for a year, as long as I use it as my daily driver. Is this

**@PlatinumRosie:** #autumn is the prettiest season of the year. Wish it was longer #winnipeg



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## DVD Reviews

### The Avengers

**Directed by:** Joss Whedon and Zak Penn

**Starring:** Samuel L. Jackson, Robert Downey Jr., Mark Ruffalo and Scarlett Johansson

....

You don't have to sport a propeller beanie to enjoy The Avengers, which may be the highest possible praise for what director Joss Whedon and co-writer Zak Penn have wrought in their energizing superhero adventure.

Whether you love or merely like The Avengers will likely come down to the performances of the ensemble, and not the perfunctory plot or the on-the-fly back story. And what an ensemble it is.

Samuel L. Jackson is Nick Fury, the director of a global peacekeeping agency comprised of a fistful of Marvel Comics superheroes that include Iron Man (Robert Downey, Jr.), The Hulk (Mark Ruffalo), Captain America (Chris Evans), Thor (Chris Hemsworth) and newcomer to the team the Black Widow (Scarlett Johansson), a lethal gymnast.

They're summoned to join together to fight the threat posed by Thor's angry adoptive brother, who is in cahoots with a reptilian alien race called Chitauri.

PETER HOWELL

### Damsels in Distress

**Directed by:** Whit Stillman  
**Starring:** Greta Gerwig and Adam Brody

....

Whit Stillman's screwball college comedy Damsels in Distress is only the fourth film in his 22-year career and his first since The Last Days of Disco in 1998. Perhaps he needs all that time to write and store up the amusing aphorisms that issue from the mouths of his creations.

He reserves his best bon mots for lead damsel Violet (Greta Gerwig), who leads a quartet of do-gooders determined to help people improve themselves at Seven Oaks College, even if it kills them.

"There's enough material here for a lifetime of social work," Violet sighs, looking around her at all the moody girls and moronic boys who have alarmingly shot up the campus suicide rate.

Aptly named campus newspaper editor Rick DeWolfe (Zach Woods) and Violet share a brisk exchange about who's in the know about what's really going down, in a moment that is scathing comedy. But the two hardly cross paths after this, and the loss is felt.

PETER HOWELL

## On the web



Qriket

Drake, Japandroids, Feist? Find out if one of them or another talent won the Polaris Music Prize last night by scanning this code or visiting metronews.ca.



Action thriller Looper has Emily Blunt doing some crazy stunts. ALAN MARKFIELD/HANDOUT

# Getting physical with Looper's Emily Blunt

**Q & A.** Actress dishes on her rough-and-tumble role while giving us a taste of her nerdier side



NED  
EHRBAR  
Metro World News in Hollywood

We sat down with Looper star Emily Blunt to talk about getting physical for her role in the film — namely, wielding a shotgun and an axe, despite the proper training — and how she got back at director Rian Johnson.

She also got into a bit of name-calling when the subject of time travel came up, but she can get away with it.

**In this movie, you are quite handy with a shotgun.**

Yeah! I hopefully didn't look like a sissy with a shotgun, so that's good.

**No, you were very convincing, very threatening. How**

**much prep did you do for that?**

With the shotgun? The thing I prepped for, actually, was the chopping wood.

That's the thing I practiced for about a month beforehand in my backyard.

I had this guy come over and deliver logs and an axe, and he was like, "There you go." And I was like, "Oh, I don't know how to do this," and he was like, "I don't know how to do this either."

So I just practiced for a while. And that was probably the hardest scene to shoot, the chopping wood scene. Physically, by the end of the day I was just like, "Argh!"

**I don't know how many takes you had to do...**

A lot. A lot.

**And did you exact any sort of revenge on Rian for making you chop so much wood?**

I don't think I did, actually. I mean, maybe the most vengeful thing that hap-

## Quoted

"The thing I prepped for, actually, was the chopping wood. That's the thing I practiced for about a month beforehand in my backyard. I had this guy come over and deliver logs and an axe."

Emily Blunt

pened was that we had to put fake blood on everyone, and the little boy hated it, so we doused Rian with fake blood as well just so he would feel like one of the team.

But it didn't help. The kid still hated it.

**That's good, I think, that the kid hated being doused in fake blood.**

Well, he should, right? He's five. He should hate that.

**I'm still trying to wrap my**

**head around the fact that the guy who delivers the wood and the axe doesn't know how to use it.**

I know, I know. He just dropped the logs off and was like, "I think you kind of do it like this." I was like, "Oh great. I'll figure it out."

**I wanted to talk a little bit, briefly about time travel...**

Nerd.

**Yes, yes. I am. Did you guys spend any time off-screen actually trying to wrap your heads around time travel?**

I mean, I never get too wrapped up in the technological stuff. I don't really geek out for that stuff. I'm not the best person to nerd out with over time travel.

## Exclusively online

Visit metronews.ca/scene to see our video interview with Emily Blunt.





Katie Holmes

## Pacey picks up: Holmes dials Dawson's co-star

So what's one of the first things Katie Holmes did after splitting with husband Tom Cruise? Reconnect with old friends. Former Dawson's Creek co-star Joshua Jackson confirms that he recently heard from Holmes in an interview on George

Stroumbouloupoulos Tonight. Jackson, who was rumoured to be linked romantically to Holmes years ago, says they had a "very nice" chat. "Like any old friend, it was like, 'Oh hi, how are you? What's going on?' 'I had a kid,'" he says. "I was very nice, actually."



Bradley Cooper

## Did a night at the movies rekindle this romance?

Bradley Cooper and his The Words co-star Zoe Saldana are fueling suspicion once again that they're more than just friends, looking quite cosy after taking in a movie together in Los Angeles over the weekend, according

to People magazine. The pair first sparked romance rumours while filming their indie drama and then again in January at the Sundance Film Festival, where they were "being very affectionate."

### Twitter



**@joelmchale**  
Dear Sun, We get it. You're awesome and powerful. Please stop. Love, Los Angeles.



**@MissKellyO**  
Although Im working 14 hour days while I am here I bloody love being home!



**@AlbertBrooks**  
I just thought of the world's funniest tweet.



**@SofiaVergara**  
I party Like a mermaid!

# METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

### The Word



## How does John Mayer do it?



**THE WORD**  
Dorothy Robinson  
scene@metronews.ca

John Mayer's little black book reads like a who's who of GQ magazine covers: There's Jennifer Love Hewitt, Jessica Simpson, Jennifer Aniston, Minka Kelly, Taylor Swift, and, most recently, new divorcee Katy Perry.

But Perry's friends are worried about the singer due to Mayer's lady killer reputation, according to Radar Online. Sources say

her pals are urging her to end it with Mayer before she gets too attached. "Katy's friends and family haven't taken to John at all. In fact, they are worried that she is headed for heartbreak," a source says. "Despite the fiery image Katy likes to present, she's actually more fragile than that, and when John dumped her a few weeks after they first got together she was devastated. Now that she has invested more feelings in John and has let her guard down, there's only one way this can end — in disaster."

Disaster — or an eventual song about Mayer and his heartbreaking ways. Or, depending on how you feel about Katy Perry's singing, it could be both.



Billie Joe Armstrong ALL PHOTOS GETTY IMAGES

## He doesn't want to be an American idiot: Billie Joe heads to rehab

Green Day frontman Billie Joe Armstrong stunned a Las Vegas audience over the weekend with a guitar-smashing outburst after being told to wrap up his band's set. Instead, he flew into a rage, smashed his guitar, yelled at the audience and stormed off the stage. Now, it turns out it wasn't just a simple tantrum, as Armstrong is headed to rehab. "Green Day's Billie Joe Armstrong is seeking treatment for substance abuse," the band's rep said in a statement Sunday. "Green Day would like everyone to

### All-star apology

**"Green Day would like everyone to know that their set was not cut short by Clear Channel and to apologize to those they offended at the iHeart Radio Festival in Las Vegas."**

Representative for Green Day

know that their set was not cut short by Clear Channel and to apologize to those they offended at the iHeart Radio Festival in Las Vegas."



Kanye West

## Lawyers putting the kibosh on Kanye tapes?

It looks like there could be some truth to the rumours of a Kanye West sex tape — or two, even — now that lawyers for the rapper have sent out a cease-and-desist letter to multiple media outlets demanding they take down posts featuring a screen shot allegedly from the video, according to AllHipHop.com. "Be advised that the screen shot, as well as the tape from which the

screen shot was taken, were illegally obtained and believed to have been stolen from Mr. West's computer," West's attorney writes in the letter. And according to TMZ, there's a second sex tape featuring the rapper being shopped around. "Both tapes are impressively long. The first is roughly 20 minutes," source tell the website. "The second is more than 40."

3  
LIFE

**Quiz.** Your new guy seemed confident, loving and outgoing, until he slowly became critical, jealous and self absorbed

ROMINA  
MC GUINNESS  
life@metronews.ca

Confidence. It's attractive in a man. But when dating, sometimes it's hard to determine where his healthy ego starts and narcissism begins. Is your man in love with you? Or himself? Or rather, does this sound familiar?

"Initially, you buy into this inflated image," says Gail Saltz, a psychoanalyst from New York. "But eventually, you come to realize the difference between confidence and insecurity covered over with swagger."

We asked the experts where this behaviour comes from.

"Narcissism stems as a reaction to a home environment where a child wasn't allowed to develop an autonomous self," posits Sam Vaknin, author of *Malignant Self-Love*. "The child creates a 'false self' who is everything that the narcissist is not, but would like to be. Narcissism is a shell and inside there is a huge void. The narcissist does not know what it means to be himself — and as a result, has zero empathy."

To help, we put together a small quiz to help you figure out if your super 'awesome' and confident guy is a narcissist.

### Quiz: Are you dating a narcissist?

1. By the end of your first date together you



Are you dating a Ron Burgundy? GETTY IMAGES

### SCORES:

#### If you scored a majority of A's

The narcissist boyfriend: Your boyfriend sounds like he could be a narcissist. That or he's so selfish he doesn't really care about you and your needs.

#### If you scored a majority of B's

The super chilled boyfriend:

You're dating a no-nonsense dude. He's chilled and cool.

#### If you scored a majority of C's

The love struck boyfriend: Your boyfriend is so in love with you that you don't need to worry about him being a narcissist. If anything, he should think about his needs a little more.

are:

A: Still trying to get over the fact someone so cool, attractive, successful and exciting wants to date you.

B. Whoa! Chill out — you're still not sure if there's going to be a date two .  
C. The love of his life.

#### 2. He uses the back of his iPhone as:

A. A mirror — he checks himself out every two seconds.  
B. A ruler (hopefully not to rack out lines of cocaine).  
C. A shrine to you. He has a giant photo of you on it.

#### 3. Sex is:

A. Less about your pleasure in the moment than his aggrandizement. It's all about his amazing body,

crazy moves and his swagger.

B. Fair play: You both give and take.

C. Mind-blowing, mostly because he makes it all about you.

#### 4. His group of friends....:

A. He fell out with his closest friends before you met. The ones he has now are like the hangers-on in Entourage.

B. Game of Thrones meets How I Met Your Mother meets Gossip Girl. Full of drama, hate, sex, lies, backstabbing — but mostly love.  
C. Super tight. They've been friends since school and share spreadsheets to plan holidays and nights out.

#### 5. He's cheated on you....:

A. Three to four times. That you know of.

B. You both sort of cheated once — but it was a Ross-Rachel thing. You were on a break.

C. He panics every time someone hits on him, let alone tries to kiss him.

#### 6. The two of you bump in to your (hot) ex:

A. He immediately picks a fight because your ex looked you 'in the eye' and threatens to beat him up if he ever comes near you ever again. You, the ex's wife and his kids all witnessed the scene.

B. He just feels sorry for the guy. He doesn't know what he's missing out on since he's no longer with you.

C. He manages an awkward smile but he's so pale and stressed out it looks like he's about to pass out.

#### 7. You've just been made redundant and you come home sobbing:

A. He tells you to get a grip, turns on the TV and spends the whole evening complaining about his lame

\$4,000 bonus and imminent pay raise.

B. He reminds you that you hated your job and wanted to quit anyway. At least this way you'll get a good pay-off.

C. He helps you spruce up your CV, agrees to watch *The Notebook* without complaining and books you a spa weekend using his bonus money.

#### 8. He spends his spare cash on:

A. Flashy cars, nights out, expensive watches, gadgets (he's on the waiting list for the iPhone 5). He updates his wardrobe every season, and yours.

B. Fixing up his beat up car, beer and pizza.

C. You.

#### 9. Your phone rings in the middle of the night:

A. You look out the window and see him standing on your doorstep: you didn't text him back so he's come to find out why.

B. Nothing major, just a booty call.

C. You forgot your USB key at his house, the one with the presentation for those potentially huge clients. He's here to return it.

#### 10. You say: Honey, that polka-dot shirt is a little too much:

A. How dare you question his taste? He goes mental at the fact that you've contradicted him and spends the rest of the night sulking. You get the message; never criticize him. Ever again.

B. But he totally digs his spotty shirt! There's no way he's changing.

C. He changes into the shirt your mother (i.e. you) gave him last Christmas.



On the web



Qriket

Health agencies aim to address the problem of providing health services to the Roma

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# Tex Mex Chili's lighter side



**ROSE REISMAN**  
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This is a lighter chili typically served in the Southwest. Using chicken rather than beef reduces the calories and fat. Dusting the chicken with flour maintains the moisture. Aged cheddar is the perfect accompaniment and you can add diced avocado to the list of garnishes.

1. Place the chicken and flour in a bowl and toss to coat. Lightly coat a non-stick saucepan with cooking spray, add 1 tsp of the vegetable oil and set over medium heat. Sauté the chicken for 5 minutes or until it is lightly browned on all sides, but do not cook through. Set aside.

2. Respray the same saucepan, add the remaining vegetable oil and set over medium heat. Add the onion and cook until soft, stirring frequently, about 5 minutes. Stir in the corn and garlic and continue to cook and stir for 5 minutes or until the corn is browned.

## Ingredients

- 12 oz skinless boneless chicken breasts (about 3 breasts), diced
- 1/4 cup all-purpose flour
- 2 tsp vegetable oil
- 1 1/2 cups chopped onion
- 1 cup canned corn, drained
- 2 tsp finely chopped garlic
- 1 1/2 cups canned black beans, drained and rinsed
- 2 1/2 cups tomato sauce
- 3/4 cup chicken (or beef) stock
- 1 tbsp chili powder
- 1 1/2 tsp dried basil
- 1 tsp dried oregano
- 1 1/2 tsp seeded and finely chopped jalapeño pepper
- pinch of salt and pepper
- 1/4 cup chopped cilantro
- 1/2 cup shredded aged light cheddar cheese
- 1/4 cup low-fat sour cream

3. Stir in the beans, tomato sauce, stock, chili powder, basil, oregano, jalapeño, salt and pepper. Bring to a boil, reduce the heat and cover. Simmer for 15 minutes. Add the diced chicken and simmer, uncovered, for 5 minutes or until the chicken is just cooked through and the chili thickens.



This recipe serves six. RYAN SZULC, ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS)

4. Serve the Tex Mex chili in bowls, and garnish with cilantro, aged light cheddar

cheese and sour cream.  
**ROSE REISMAN'S FAMILY FAVORITES (WHITECAP BOOKS) BY ROSE REISMAN**

## Health Solutions

### Spice it up!



**NUTRI-BITES**  
Theresa Albert  
DHN, RNCP  
myfriendinfood.com

Here's a fancy new word for you: ORAC value. ORAC stands for the oxygen radical absorbency capacity of a food.

The leading theory in aging and age-related illness is the free radical damage that occurs when cells turn over during the normal course of taking care of their business.

Adding high ORAC foods is your best defence to reduce that damage and fight aging and illness.

Dark leafy greens, green tea and intensely coloured fruits are great but go beyond with the top six spices that have been shown to do the trick.

1. Cloves
2. Cinnamon
3. Rosemary
4. Oregano
5. Thyme
6. Turmeric

Most of these are in your pantry and you likely use them once a week (turmeric is in curry powder), but you'd be wise to work them all in daily.

Add cloves and/or cinnamon to your morning coffee, any type of yogurt or oatmeal.

Add fresh or dried herbs like rosemary, oregano and thyme to every soup or salad you have for lunch. They can also be added to pasta sauce.

If you are not a curry lover, think about turmeric capsules in your morning handful of supplements.

What's one more?

**THERESA ALBERT IS AN AUTHOR AND NUTRITIONIST IN TORONTO. SHE IS @THERESAALBERT ON TWITTER AND FOUND**

**DAILY AT MY-FRIENDINFOOD.COM**



# Pork and Bean Burritos make the ideal on-the-run dinner

Prepare these pork and bean burritos ahead and have them ready to take for a supper on the run as busy fall activities swing into place.

Use your favourite bean variety such as black, white or kidney beans.

1. In large non-stick skillet, cook pork over medium-high heat for about 8 minutes or until no longer pink. Scrape

## Ingredients

- 500 g (1 lb) lean ground pork
- 5 ml (1 tsp) canola oil
- 1 onion, chopped
- 3 cloves garlic, minced
- 20 ml (4 tsp) chili powder
- 30 ml (2 tbsp) tomato paste
- 1 can (540 ml/19 oz) beans (no salt added), drained and rinsed
- 250 ml (1 cup) sodium-reduced chicken broth
- 1 red pepper, chopped
- 1 jalapeño pepper, seeded and minced
- 45 ml (3 tbsp) chopped fresh cilantro
- 6 large whole-grain flour tortillas (each 47 g)
- 75 ml (1/3 cup) shredded light cheddar cheese (optional)



This recipe serves six. THE CANADIAN PRESS H/O

meat into colander to drain. Set aside.

2. Return skillet to medium heat and put oil on it. Add onion, garlic and chili powder; cook for 2 minutes. Add cooked pork and tomato paste and cook, stirring for 2 min-

utes. Add beans, broth, red pepper, jalapeño and cilantro and cook, stirring, for about 8 minutes or until liquid is absorbed.

3. Dividing mixture evenly, place along centre of each tortilla and sprinkle with cheese,

if using. Fold ends in and roll up.

4. Toast burritos in a non-stick skillet over medium heat, turning once, for about 4 minutes or until golden on both sides.

**THE CANADIAN PRESS/ ONTARIO PORK PRODUCERS.**

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## Denting cars

**And that's  
why you  
always  
leave a note!**

**What is the correct etiquette when my kids fling open their car doors and damage/dent the car next to me? Can I please just ignore it and tell my kids to never do that again, or do I seriously have to write a personal note and pay for the damage?**



**CHARLES  
THE BUTLER**  
askcharlethebutler@  
metronews.ca  
For more, visit  
charlesmacpherson.com

Well I suspect you know my answer, especially since I just bought a brand new car two weeks ago.

Yes if your kids dent a door you should leave a little note, and do your best to teach your kids to be careful.

Now I know lots of you will write and say,

just don't worry about it; dents and scratches happen all the time and nobody leaves a note. But remember, your question was "what is the correct etiquette?" Now what do most people do?

They pretend they did not see what they did, close their own car door and walk away!

So my final word is just do your best to be careful, but remember little scratches and accidents do happen, and this is life.



Ask yourself: What is the right thing to do? ISTOCK IMAGES

# Pulitzer-Prize-winning author Junot Diaz muses on modern love

GINA  
ANGELOTTI

Metro World News in New York

As tales of relationship redemption go, each of the nine relatable short stories in Junot Diaz's consummate collection, *This Is How You Lose Her*, triumphs.

In nonlinear vignettes of brotherly, paternal and romantic love, his characters — who dig themselves into holes and then must grin through the grit and bear it — remind us of the power of self-preservation.

While not explicitly present in every story, Yuniior — aged five, 15, 20 and 30-something — is at the core of them. As "the most awesome ex-boyfriend in the world" but a "terrible boyfriend," he never comes out the victor in a traditional sense, but he proves to be a survivor, continuously learning from his mistakes.

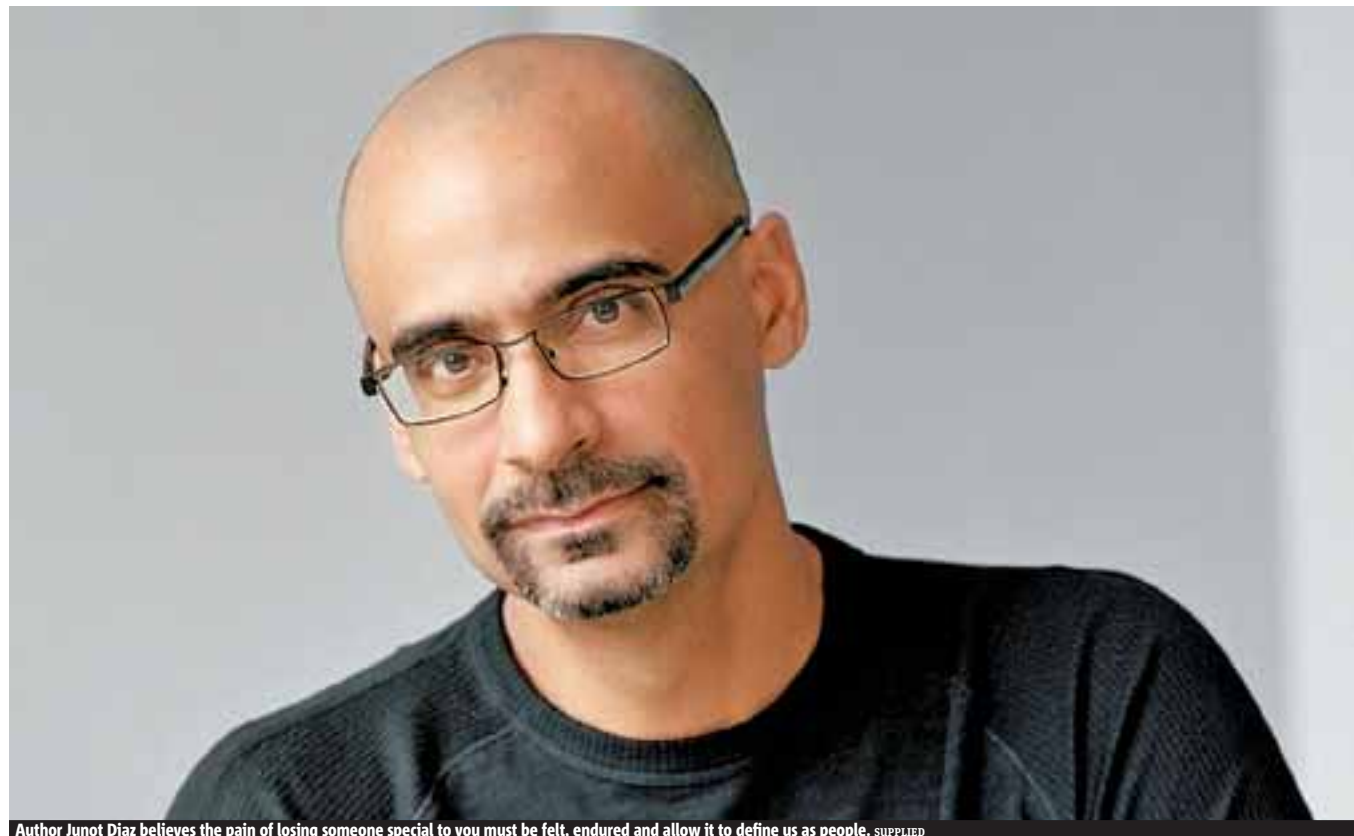
What are the roots of his indiscretions and inadequacies? Diaz suggests that immigrating to the U.S. from the Dominican Republic and witnessing death at an impressionable age contribute to Yuniior's commitment-phobia.

"Part of the art (of writing) is not to look at the most obvious answer," Diaz says. "When I think of what's wrong with Yuniior, I think: make a list of the things he's lost."

That laundry list — not limited to losing his brother to cancer, his own youth to the responsibilities that beckon afterward and his girlfriends to his vices — doesn't excuse Yuniior's flawed, sometimes chauvinistic behavior.

But Diaz doesn't judge or shame him for it either; rather he acknowledges that the person hurt most by a cheater is himself.

We sympathize with



Author Junot Diaz believes the pain of losing someone special to you must be felt, endured and allow it to define us as people. SUPPLIED

Yuniior, transgressions and all.

Through interrogative second-person narration and colloquial language peppered with Spanish, the Pulitzer Prize-winning author authentically captures Yuniior's cultural and emotional dualities.

We get real with Diaz about falling in love — and getting back up again.

**How did you tap into Yuniior's various life stages, which feel raw and identifiable?**

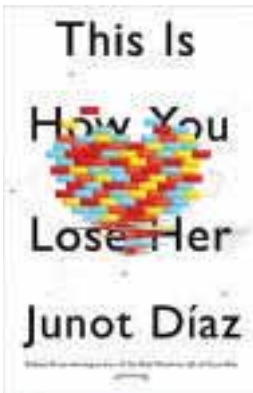
I wish that I could say that I

had a secret or that it came easily, but what ends up happening is that I spend a lot of time steeping in my characters, steeping in their moments.

And in fact, I always think that I could do better.

**Having written a character who repeatedly fails at monogamy, do you yourself believe in it?**

I think it's difficult, but I think: God, what isn't difficult? Given how easy it is in our culture to jump out, it makes that struggle all the more difficult.



I think the debate is how honest we can be with ourselves with other people. Most of the time we just hurt the other person rather than talk to them.

Don't you think a lot of our views of the world are not very clear-minded, that we tend to be thinking from our place of hurt?

We're hurt, so we tend to have a more shrunk-down, impoverished view.

**In your final story, you poignantly say the half-life of love — the length of time it takes to let go**

**when a relationship ends — is forever. Have you at least found an effective prescription for moving on?**

Heartbreak is one of our great challenges, and enduring it really defines our character. My feeling has always been, if you're in pain, the only thing that you can do is feel it. If you're overwhelmed by loss, the only thing you can do is be overwhelmed. It's sort of simplistic, but I've never found anything else that worked.





It might take months to fight, but don't let the financial services industry get away with errors. ISTOCK IMAGES

# Dig your heels in: You too can win a battle against the big banks

## Alison's Money Rule.

If you feel something is unfair at your financial institution, put up a fight!



**YOUR MONEY**  
Alison Griffiths  
money@metronews.ca

I won! Maybe you can't fight city hall but you can fight battles (and sometimes win) against the financial services industry. Here's the back-story.

My dear old Dad died in January at 89. I am his executor. Because the estate was less than \$25,000 in total, there was no need to probate the will.

Dad had a couple of bank accounts, a Registered Retirement Investment Fund (RRIF) and a small investment account at Canadian ShareOwner Investments Inc. (CSI) where he liked to dabble in the stock market.

Dad also had a bunch of pensions and a small life insurance

policy. The pension and insurance people were cooperative and prompt as I went through the sad process of saying a financial goodbye to my father.

I expected the same from CSI, RBC, CIBC and TD Canada Trust. Au contraire. There isn't enough room here to outline all the time wasting mistakes, roadblocks, and bafflegab I experienced.

The institutions all had notarized copies of the will, death certificate, witnessed proof of my identity and a letter of direction from me, the executor, about what I wanted done with his accounts.

Even so, I was asked to sign and have notarized various "internal" affidavits in order to close any of his accounts or make transactions. CIBC refused to open an estate account because my father did not bank there, though I have for over 30 years. I could have gone to RBC where my father banked but after four significant errors, including an unauthorized \$8,000 debit which took time and energy to reverse, I wasn't going near the place.

## What are probate fees?

Probate fees are imposed by the court and vary by province. Assets such as RRSPs and insurance are not included in the fee calculation.

My lawyer, who specializes in estates, made it clear that CIBC had no legal grounds to refuse me, and the so-called "required" affidavits were not necessary. A follow up with the Solicitor General's office confirmed his information.

I dug in my heels. It took nearly four months to go up the various ladders. I could have given in but the patriarchal and intransigent attitudes in the financial industry got me fighting mad. In the end, I won. The banks and the Canadian ShareOwner acquiesced. The latter even waived a \$150 fee.

The moral of the story is this: If you feel something is unfair at your financial institution, put up a fight — you might win.

# Hey friend, you're busting my budget



**FUN AND FRUGAL**  
Lesley Scorgie  
money@metronews.ca

I have to agree with The Beatles that "The best things in life are free" including the richness we find in our relationships with friends and family members. But, for many Canadians, money is often spent to experience relationships — dinners, parties, coffee, gifts, travel and more.

Have you ever wondered what it costs to have friends?

I started thinking about this last week as I embarked

on medical treatment that will ultimately heal my dislocated jaw resulting from a random hiking accident.

For the next few months I won't be able to enjoy dinners at restaurants or workout classes — both activities cost money and involve hanging out with my pals.

In one short week I've saved \$100 because I've had to find other activities to do with my friends which involve eating at home, low-impact exercise like walking and renting movies rather than going out to a theater.

What do you spend to maintain

your relationships? Could you be more frugal without compromising your friendships?

According to a poll conducted in July by Coupon Cabin, 20 per cent of respondents have felt pressured to keep up with friends in terms of spending on things like homes, cars, clothes, dining, travel and more. Nineteen per cent of respondents spend \$500 or more per year on gifts and nearly 20 per cent have had to 'break up' with pals because of money related issues.

If you're social life is busting your budget try these suggestions. Host pot-luck dinners and BBQs rather than eating at res-

taurants. Schedule coffee 'dates' rather than lunch. Pull out your dusty board games or old movies and entertain at home. If you like getting active, select free activities like walking, hiking, biking, running, football, baseball, or other sports. Rather than shopping for clothing and ac-

cessories, host a clothing swap over home made appetizers. If you're pals like to travel, challenge everyone to use loyalty points to pay for travel rather than cash. Take advantage of group discounts through online coupon sites like Groupon.

I'm not trying to suggest

that you get rid of your friends so that you can save money.

Rather, as you invest time in enriching your relationships, inspire frugality amongst your friends.

Follow Lesley on  
Twitter @LesleyScorgie



Ever wondered how much money it costs to have friends? ISTOCK IMAGES

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## NHL. Oilers eye Seattle for possible relocation

With plans for a new arena in doubt, the Edmonton Oilers say they are considering a move to Seattle.

Oilers owner Daryl Katz, team president Patrick LaForge and Kevin Lowe, president of hockey operations, are in Seattle for meetings about a possible relocation to the city.

The Oilers said in a statement that while they hope to reach a deal with Edmonton on a new arena, the team is also listening to proposals from a number of potential NHL markets.

Seattle City Council approved hedge-fund manager

Chris Hansen's plan for a \$490-million US arena Monday that both sides hope will host an NBA and NHL team in the future.

The Oilers and the City of Edmonton had agreed on plans for a proposed \$475-million cost-shared arena that would begin construction early next year.

But the arena and the Oilers' future in the city were thrown into doubt earlier this month when the team told councillors it wanted millions of dollars in new concessions from taxpayers.

THE CANADIAN PRESS

## CFL. Cornish facing team discipline for mooning fans

Calgary Stampeders running back Jon Cornish was fined an undisclosed amount by the Canadian Football League on Monday for "inappropriate conduct towards CFL fans" during a 30-25 loss in Saskatchewan over the weekend.

Reports indicated the native of New Westminster, B.C., exposed part of his buttocks to the crowd at Mosaic Stadium. Stampeders coach and general manager John Hufnagel confirmed Monday that Cornish "pulled his pants down low" during the game.

"I think you see how disappointed Jon is in himself once

### Quoted



**"It was an extreme lack of judgment on my part and I apologize to everyone in the CFL and to the commissioner."** Jon Cornish

he fully realized the seriousness of the matter," Hufnagel said. "I've had a chat with Jon about it ... He will be disciplined."

THE CANADIAN PRESS

### CFL

## Tackling by hair fair play, CFL confirms

Fair warning to CFL players: Long, flowing hair might look great and be the latest rage, but it's fair game on the football field.

Tom Higgins, the CFL's director of officiating, said Monday long hair is deemed a part of a player's equipment and can be used in the making of a tackle.

The issue came to light Sunday when Montreal kick-returner Trent Guy was twice pulled down by his long dreadlocks in the Alouettes' 31-10 nationally televised home win over the Toronto Argonauts.

Toronto's Mike Bradwell grabbed rookie Guy's hair in the second quarter during a punt return. A flag was thrown but the penalty was quickly overturned.

"It's part of the uniform," Higgins said. "It's like tackling a guy by the arm. 'It's a part of him so you're allowed to use it to make a tackle.'"

Guy, who returned a missed field goal a club-record 129 yards for a touchdown in the contest, said this wasn't the first time he had been pulled down by the hair.

"I've been tackled by my hair a number of times," the former Louisville standout said with a chuckle. "I'm kind of used to it now."

Surprisingly, Guy has never considered getting his hair cut.

"No, not at all," he said. "My hair has been pretty long since college and is just something I have to deal with."



Trent Guy THE CANADIAN PRESS FILE

# NHL labour talks stuck in neutral

NHL. Commissioner Bettman, Donald Fehr expected to be in contact today

A face-to-face meeting between top officials from the NHL and NHL Players' Association wasn't enough to break their labour stalemate.

The sides spent almost five hours together Monday going over accounting for last season, but didn't emerge with any

plan to resume collective bargaining talks. The topic wasn't even raised, according to representatives from each camp.

Nine days into the lockout, negotiations remain on hold with the owners and players entrenched in their positions.

"Obviously, we've got to talk before you can get a deal, so I think it's important to get the talks going again," said deputy commissioner Bill Daly. "But you also have to have something to say. I think it's fair to say we feel like we need to hear from the players' association in a meaningful way because I don't think that they've really moved off their initial proposal."

Steve Fehr, NHLPA's special counsel, declined comment.

Neither NHLPA executive director Donald Fehr or commissioner Gary Bettman attended the meeting. But the two men were expected to take in an NHL alumni dinner Monday night where Daly suggested they may discuss resuming talks.

THE CANADIAN PRESS

### Quoted

**"I think the league is waiting for us to make the move, and we're waiting for them to move. So someone has to move. And I don't see it coming from our end."**

Red Wings forward Danny Cleary, predicting a prolonged lockout to the Detroit Free Press on Monday



NHL hockey skate during an informal hockey practice on Monday in Amherst, N.Y. DAVID DUPREY/THE ASSOCIATED PRESS

### Mobile sports



Qrikel

The Ryder Cup is heading to Chicago for the first time and Luke Donald is the only player who can call the Windy City home. There's only one catch — Donald is English.

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## Horoscopes

### Aries

**March 21 - April 20**

Keep things in perspective and resist the urge to get emotional today. Partnership issues may be challenging but they are not half as bad as they seem. Everything will work out for the best in the end.

### Taurus

**April 21 - May 21**

Put your affairs in order today. The more you do now, the less you will have to do towards the end of the week and that means you will have more time for what you really enjoy. Make the effort.

### Gemini

**May 22 - June 21**

Saturn remains in the most dynamic area of your chart only until Oct. 5, so if there are things you still need to do, get on with them now. Don't look back one day and regret what might have been.

### Cancer

**June 22 - July 23**

Times may be tough in more ways than one but the long-term prognosis is extremely good, so cheer up. Today you should patch up your differences with a relative or friend. You still have so much in common.

### Leo

**July 24 - Aug. 23**

A brilliant idea will take hold in your mind today, the kind of idea that could transform your existence on every level. Don't let it get away from you. Find ways to act on it straight away.

### Virgo

**Aug. 24 - Sept. 23**

You need to admit, if only to yourself, that the reason something has gone wrong is because your methods were impractical. You should have recognized that fact before but better late than never. Now, do it right.

### Libra

**Sept. 24 - Oct. 23**

You must not let anyone or anything divert you from the important task you have set yourself. Some say Libra is the most indecisive of all the signs. Now is your chance to prove the critics and doubters wrong.

### Scorpio

**Oct. 24 - Nov. 22**

It is a complete waste of time worrying about things over which you have no control. Focus your mind on good thoughts only today and you may be surprised just how many of your dreams start coming true.

### Sagittarius

**Nov. 23 - Dec. 21**

You have been trying too hard to get along with someone at work. The more you try to impress them, the more they make life difficult for you. Give up on it. They are not worthy of your friendship.

### Capricorn

**Dec. 22 - Jan. 20**

Over the past few months, you have put a lot of effort into your work and now the rewards are coming at you from all directions. Don't let anyone tell you that you do not deserve it. You do.

### Aquarius

**Jan. 21 - Feb. 19**

Whatever life throws at you over the next few days, you will find ways to deal with it. In fact, by the time the moon is full on the Sept. 30, you will be operating on a higher level. Nothing can faze you.

### Pisces

**Feb. 20 - March 20**

You need to make some kind of commitment, one that will tie you down to pursuing a specific aim for the next six months or so. Yes, it's good to be free but freedom needs to be earned like everything else.

SALLY BROMPTON

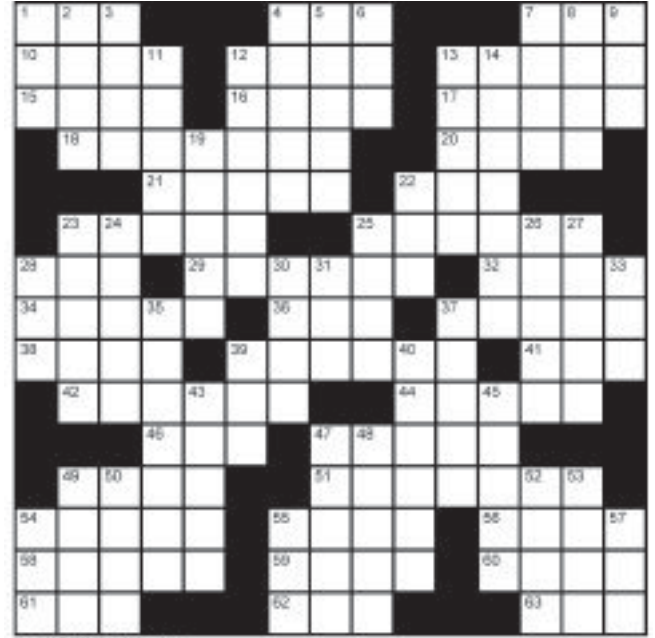
## Solver's Delight

### Across

1. Tampa's state: abbr.
4. *Dracula* creature
7. \_\_\_\_ constrictor: python relative
10. The Kinks' biggest hit
12. Melange
13. Dry heat bath
15. One with a computer
16. Curve
17. 43,560-square-foot units
18. Symbol of regal power
20. Ardent admirers
21. Egyptians and Iraqis
22. Bill's "excellent adventure" partner
23. Correct, as a stitch
25. Conservative Party
28. Nickname for someone from Houston or Dallas
29. Expensive dark-brown furs
32. Andy's 1950s radio partner
34. Not according to plan
36. Cherry tree chopper
37. Be affected at night by a blocked airway
38. Toronto-based "Tom Sawyer" group
39. Part of PEI
41. Golf stand
42. Calgary's NHL team, familiarly
44. Go into
46. "\_\_\_\_ the season to be jolly"
47. \_\_\_\_ Carlo: Monaco's capital
49. Marching musicians
51. Where to find 12-Down
54. Sea squalls

### Down

1. Fly like eagles
56. Identical
58. Computer warning
59. Great Lake
60. Let out
61. Gender
62. Part of kph or mph
63. Consumed
1. Ague cousin
2. Defeat
3. Sir \_\_\_\_ Guinness of film
4. Book jacket advertisement
5. Buenos \_\_\_\_, Argentina
6. 2,000 pounds
7. Combust
8. Singles
9. Small batteries
11. Geometric computations
12. Parliament's home
13. Toronto-born 60 Minutes regular Morley
14. Early French Canadian
19. Activate, as an elevator button
22. How- \_\_\_\_: instruction manuals
23. Uncle \_\_\_\_: Joel Chandler Harris character who told stories about Brer Rabbit, Brer Fox, etc.
24. Have real being
25. MTV viewer
26. Overact
27. In more pain
28. Asphalt
30. Nanaimo \_\_\_\_: distinctive Canadian treats
31. 61 in Roman numerals



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33. Observe
35. Montreal-born *Star Trek* star William
37. I \_\_\_\_ *Letter to My Love*: Melissa Manchester's romantic musical (2 wds.)
39. Abbr. at the end of a letter signalling a second afterthought
40. Shopping \_\_\_\_: mall
43. In the \_\_\_\_ of: among
45. To the point
47. Roger \_\_\_\_: Bond player
48. Sign seen during broadcasting outside a broadcasting studio (2 wds.)
49. Christian of the *Dark Knight* series
50. Ontario-born *Jeopardy!* host Trebek
52. Simon and Garfunkel's "\_\_\_\_ Rock" (3 wds.)
53. Bypass
54. Alberta export
55. End-of-summer mo.
57. Quebec summer

## Yesterday's Crossword



## What's online

See today's answers at [metronews.ca/answers](http://metronews.ca/answers).



## Sudoku

### How to play

Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

## Yesterday's Sudoku



## Weather

### TODAY



MAX: 16°  
MIN: -10°

### WEDNESDAY



MAX: 14°  
MIN: 2°

### THURSDAY



MAX: 18°  
MIN: 7°



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